

ISSUED FEBRUARY 2017

THIS SEASON, ATTEND



Knowledge & Skills for
Professionals Working
with Behavioral Health &
Addiction in Today's
Adult Generations

APRIL 24 & 25, 2017

SALT PALACE CONVENTION CENTER
100 SO. WEST TEMPLE • SALT LAKE CITY, UTAH

PRESENTING

A special track by Steven C. Hayes - developer
of Acceptance & Commitment Therapy (ACT)



OFFERING

A vast variety of topic selections & a newly-focused post-
conference workshop intensive on Dialectical Behavior
Therapy (DBT)

INCORPORATING

Innovative concepts in psychodrama,
sociometry & body work by Jean M. Campbell



JOINING THE

Utah Department of Health - Dementia Dialogues™ &
partnering with the 1st annual summit on Mental Health
Crisis Response in Utah

Supported by the
Utah Division of Substance Abuse
& Mental Health

Founded by the
University of Utah Neuropsychiatric Institute
501 Chipeta Way • Salt Lake City, UT 84108



TODAY'S ECOSYSTEM

The landscape in which we live is ever-changing. The therapeutic milieu in which we practice is constantly bombarded with new challenges we must learn to meet if we are to survive and thrive as mental health and/or addiction providers.

Population and cultural shifts, economic fluctuations, military actions, healthcare reforms, world crisis, technological advancements, drug and human trafficking, and surges in violence are just some of the critical issues facing our adult generations and families. Are you fully knowledgeable and prepared to deal with these and other issues hitting your practice daily? Are you prepared for the many branches of culture, language, addiction trends, behavioral health disorders, resiliency threats, trauma, ethics, practice changes and more growing in our societies?

Join your colleagues and learn how our dynamic landscape will impact you so you can build and grow a strong foundation. Whatever your clinical setting, this program is designed to provide solid knowledge, tools, skills, networking, and referral / resource expansion for professionals working in the fields of:

- Addiction Treatment
- Case Management
- Clergy
- Corrections / Courts
- Counseling
- Education
- Employee Assistance
- First Responders
- Family Practice
- Forensics
- Geriatrics
- Gerontology
- Health Education
- Higher Education
- Home Health
- Hospice
- Law Enforcement
- Long-Term Care
- Marriage / Family Therapy
- Medicine
- Military Specialties
- Nursing
- Paramedicine
- Primary Care
- Psychiatry
- Psychology
- Social Work
- Other Health, Behavioral Health & Addiction Professions

STRENGTHEN YOUR CLIENT CARE QUALITY & OUTCOMES

This program has been designed to help you:

- Expand your knowledge and develop strategies to more effectively promote the healthy growth and development of individuals in all adult developmental stages and various cultural / ethnic backgrounds who are dealing with behavioral health challenges and/or addiction issues;
- Employ effective working tools to properly intervene in these issues;
- Identify needs and access current resources; and,
- Use tools to develop and implement prevention and intervention programs

REAP ALL THE BENEFITS WITHOUT THE EXPENSE

Why travel far, attend multiple programs or pay high prices for professional education? Enjoy this established, top-rated conference and reap the know-how and skills to improve the lives of your clients – and yourself! All faculty members have been asked to impart the latest science and provide hands-on tools for you to take back and apply in your own practice.

BENEFIT FROM:

- State-of-the-science, evidence-based presentations
- Fresh program
- Robust selection of topics
- Expert line-up
- Varied & interactive formats
- Skill-building opportunities & practice tools

- Intervention focused curricula
- Specialized foci on assessment & intervention techniques
- Specialized workshops & tracks
- Hands-on tools
- Network / Referral / Resource sowing
- Top, professional training for a low cost
- Convenient locale
- Comfortable environment

CULTIVATE YOUR ABILITY TO:

- Close generational gaps & better relate to your clients, colleagues & families
- Assess individual & environmental conditions with the most current tools
- Treat commonly presenting diagnoses such as anxiety, depression, personality disorders, gender identity issues, dementia, pain & addiction
- Harness a client's emotional intelligence for improved outcomes
- Work with multigenerational families
- Improve relationships
- Apply special therapeutic modalities such as ACT, DBT & conflict resolution
- Prevent suicide, overdose deaths, violence, trauma perpetuation & secondary trauma
- Increase client resiliency, coping skills, independence & long-term success
- Recognize current trends in porn, substance use/abuse, justice reform, human trafficking & other social phenomena
- Protect yourself in the judicial arena
- Improve treatment outcomes
- Deal successfully with insurers, review boards, licensing
- Work in interdisciplinary teams

WALK AWAY WITH:

- Enhanced skills
- Working tools & improvements for your practice
- Expanded resources and referral bases
- Knowledge of the latest research impacting your practice
- Renewed motivation & commitment
- Fulfillment of continuing ed requirements
- Specialized education in ethics & suicide prevention

SPECIAL FLORA

We listened to your ideas and are now pleased to offer you many fresh, new event features. For example, this year's program will include a day-long **DBT FOCUSED WORKSHOP** and touching **MOVIE OPTIONS** toward the end of day one. This will afford you the opportunity to kick-back with some friends and popcorn and unwind before hitting the streets back home. When you leave, you'll enjoy your drive in less traffic and be more relaxed for the evening. You will also enjoy **ART DISPLAYS, ENTERTAINMENT, & A COMMUNITY WALL** for posting of jobs, **NPO** community events and more. Additionally, in partnership with the Utah Department of Health, *Generations 2017* will present **DEMENCIA DIALOGUES** – an interactive educational program designed for individuals, groups and organizations that interact and/or care, personally or professionally, for people diagnosed with dementia. The program's manager, **MACIE P. SMITH** will be joining us from South Carolina to provide unbelievable and riveting insights into this world along with an inspiring closing keynote address for all attendees. You can choose to attend the full program or just pop into specific parts which interest you the most.

In addition to Ms. Smith, you will have the rare opportunity to hear from other top nationally and locally recognized figures in the behavioral health and addiction spheres. More specifically, offering keynotes and other topic branches will be:



STEVEN C. HAYES, PHD

Dr. Hayes is well known for an analysis of human language and cognition (Relational Frame Theory), and its application to various psychological difficulties (his work on Acceptance and Commitment Therapy (ACT)). He is a widely-respected scientist and author / co-author of 300+ articles and 27 books including *Get Out of Your Mind and Into Your Life* which rose to #20 on Amazon's 2006 list and became the #1 self-help book in the US for a time outselling "Harry Potter"!



What seems to be most controversial about Dr. Hayes, at least in the popular media, is his claim that some level of pain or discomfort is ubiquitous and dominantly linked to normal language processes rather than an abnormality. This has placed ACT somewhat at odds with mainstream CBT and empirical clinical psychology, despite the fact that ACT is a form of behavioral and cognitive therapy.

All this and more accounts for Time columnist, John Cloud's claim that "Steven Hayes is at the top of his field." *Generations* is honored to welcome Dr. Hayes who will present, not only a touching keynote address but also a track on ACT – a real bonus for attendees.

DAVID A. SACK, M.D.

Board certified in Psychiatry, Addiction Psychiatry and Addiction Medicine, Dr. Sack currently serves as CMO of Elements Behavioral Health, a network of addiction treatment centers that include Promises, The Ranch, and The Recovery Place. He previously served as a senior clinical scientist at the National Institute of Mental Health where his research interests included affective disorders, seasonal and circadian rhythms, and neuroendocrinology.



Dr. Sack is often quoted by the press. "The Doctors" TV show recently turned to him for expert comment on dabbing, a highly dangerous way of ingesting marijuana that is growing in popularity. Dabs, also known as butane hash oil (BHO), honey oil, budder, shatter, crumble and wax, are made by extracting THC, the primary psychoactive ingredient found in cannabis. "In the old days, marijuana had a concentration of about 5% and now when you're looking at hash oil, you're talking about a concentration of 80%,".

Combining knowledge such as this, additional research and findings from his own practice, Dr. Sack will present a captivating keynote on the Science of Spirituality – New Paths to Restoring the Brain. This will provide you with a different twist on this popular subject and a follow-up session on preventing overdose deaths will arm you with some of the latest data surely impacting your practice. (Supported by Elements in partnership with Journey Healing Centers.)

JEAN M. CAMPBELL, LCSW, TEP

Jean was Director of Operations for a multi-million dollar advertising and marketing firm in New York when, because of her own personal recovery journey, she realized that her work was feeding her 401K, but not her soul. So, she earned her MSW and went on to focus her clinical work in the areas of substance abuse, mental health, trauma resolution and somatic psychotherapy. Over the last 21 years, Jean has worked in a variety of clinical settings.

Jean carries many credentials in the areas of psychodrama, sociometry and group psychotherapy, as well as psychodramatic bodywork®, experiential therapy, EMDR and Reiki. Additionally, she has extensive teaching experience and is a sought-after trainer who constantly pulls stunning reviews from audiences of all types.



Jean is committed to using action to effect change on a body, mind and spiritual level. Now, you will have the prospect at *Generations* to connect with this dynamic and popular professional, to learn about these emergingly popular areas, and to open your own mind and practice in more creative and interactive ways. (Supported in part by Recovery Ways.)

PLANT YOUR FEET: REGISTER EARLY TO GUARANTEE YOUR SEAT!

Don't miss this fresh program with a golden line-up of nationally and locally renowned leaders. Many seek to meet these experts or attend their workshops but few are able due to cost, geography, schedules or other barriers. Now, they will be together, conveniently available to you under one roof!

As an event registrant, you will enjoy:

- An incredible, professional education program for a reasonable price;
- The ability to select from a vast selection of topics; and,
- The benefits of targeted trainings & skill-building opportunities while filling your professional continuing ed licensing requirements.

Additionally, your registration will include:

- An event portfolio with resources & faculty handouts
- Access to a conference bookstore
- Abundant & appetizing food
- Spacious, comfortable setting
- Plentiful networking opportunities
- Audio-visual program enhancements
- Exhibit & resource areas
- Meeting of potential referral sources
- Community wall for job hunters & employers
- Discounted lodging accommodations
- Sizeable continuing ed credits - inc. ethics & suicide content required for some licenses
- Gifts & more!

The program will provide you the most current, effective treatment skills and modalities via:

- Energetic, renowned & popular faculty
- Sound & in-depth clinical information
- Skill-building practicums
- Case practices
- TED-style talks
- Current evidence-based practices & practice-based evidence
- Lively and interactive breakouts
- Debates & ethical discussions
- Specialized tracks in targeted therapeutic spheres
- Breaking research
- Concrete tools and technical skills development

TO CLIMB ON

- Simply complete and submit the attached "Registration Form" OR
- Register with your credit card on-line at www.esimgt.org using conference code "G424"

In the event of unforeseen circumstances, cancellations must be received in writing by:

- March 23 for a full refund
- April 3 for a 50% refund
- No refunds will be granted after April 3

STAY GROUNDED & SECURE YOUR CONTINUING EDUCATION CREDITS / REQUIREMENTS

Generations 2017 provides you with major continuing education hours for an economical rate. You will walk away from this two-day conference with up to 13.5 continuing education hours/credits with an additional 7 hours possible via post-conference workshops in most fields.

- * **Professional Credit:** For your convenience, this program has been submitted to and/or already approved by the:
 - National Association of Alcohol and Drug Abuse Counselors (NAADAC)
 - National Association of Social Workers (NASW) – Utah Chapter
 - National Commission for Health Education Credentialing (NCHEC)
 - Nevada Nurses Association
 - Police Officer Standards & Training (POST) (training hours are available)
 - Utah Association for Marriage & Family Therapy (UAMFT)
 - Utah Healthcare Association (for Long-Term Care Administrators)
 - Utah Psychological Association

The Division of Occupational & Professional Licensing (DOPL) does NOT require educational programs to be pre-approved for most disciplines. Proving your attendance at an educational program pertinent to your field IS required. This may be done by showing your conference syllabus and/or program certificate.

*** Certificate of Attendance:** Attendees may register to receive this document which can be used to verify participation to employers, accrediting organizations and others.

*** Accreditation:** ESI Management Group is accredited by the Utah Medical Association to provide continuing medical education for physicians.

*** AMA Credit:** ESI Management Group designates this live educational activity for a maximum of 20 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

(In some states, CME programs like this may be used for re-licensure in other fields, whether or not specific advance approval has been obtained by the sponsoring organization(s). Each individual is responsible to record and report their attendance to their licensing organization and to check on reciprocity and licensure credit as needed.)

ROOT YOURSELF IN A SELECT HOTEL AFTER HOURS

Exclusive discounted rooms within walking distance of the event are available to registrants of *Generations 2017*.

Hilton Salt Lake City Center offers rooms with panoramic views of Salt Lake and is located diagonally across from the Salt Palace Convention Center. To take advantage of discounted rates of \$139 per night, single or double occupancy, simply contact the hotel at 800-HILTONS or 877-776-4936 by April 3rd and identify yourself as an attendee of *Generations 2017*. If you prefer to book on-line, click on <http://www.hilton.com/en/hi/groups/personalized/S/SLCCCHH-EMG-20170423/index.jhtml> or go to www.hiltonsaltlakecity.com and use group code EMG. Underground, self-parking is available on-site (255 South West Temple) to hotel guests for \$15 per day.

Another lodging option available and discounted for guests of *Generations 2017* is the historic Peery Hotel built in 1910 and recently remodeled maintaining its luxury boutique hotel status catering to the discerning modern traveler. Located across from the Hilton at 110 West Broadway (300 South), the Peery is offering rooms for \$119. To take advantage of this rate, simply call the Peery directly at 801-521-4300 and mention that you are attending *Generations 2017*. Parking is located west of the hotel for \$12/day.

PARKING & TRANSPORTATION SYSTEMS

For your convenience and in support of a clean environment, carpooling and the use of TRAX are encouraged. The Temple Square TRAX stop is less than one block north of the convention center - on the intersect of West Temple and South Temple.

Easily accessible, underground, self-parking is available at the Salt Palace Convention Center for guests of *Generations* for a rate of \$8-12/day. For your maximum convenience, enter the lot on the south side of the Salt Palace - 200 South 200 West then grab the elevator to the main ballroom level.

Alternate parking options include the self-parking public lots at 144 West Pierpont for \$5/day; the lot at 275 South West Temple for \$10/day; or, the lot north of the Peery Hotel (110 West Broadway) for \$12 per day with in and out privileges.

This conference and its headquarter hotels are just a ten minute drive from the Salt Lake International Airport. For airport transportation, you may check with your hotel, use Express Shuttle for \$8 per person each way (801-596-1600 – advance reservations welcome) or TRAX public transportation for \$2.50 per person each way.

(All prices quoted as of print date.)

FOR QUESTIONS OR ADDITIONAL INFORMATION

Contact ESI Management Group at 801-501-9446 or toll-free 877-501-9446

GROW WITH THIS AGENDA

MONDAY: APRIL 24, 2017



7:00 - 8:00 REGISTRATION, EXHIBITS & CONTINENTAL BREAKFAST



8:00 - 9:00 WELCOME & INTRODUCTIONS

Utah Division of Substance Abuse & Mental Health

THE POWER OF TURNING TOWARD ANXIETY: WHY PSYCHOLOGICAL FLEXIBILITY MATTERS FOR CLIENTS & PRACTITIONERS ALIKE

Steven C. Hayes, PhD – Foundation Professor of Psychology, University of Nevada, Reno

9:00 – 10:00 THE SCIENCE OF SPIRITUALITY – NEW PATHS TO RESTORING THE BRAIN

David A. Sack, MD – Chief Medical Officer, Elements Behavioral Health (Supported by Elements in partnership with Journey Healing Centers)



10:00 - 10:15 EXHIBITS & BREAK



10:15 - 11:15 CONCURRENT SESSIONS

A TASTE OF ACT: EXPERIENTIAL EXAMPLES OF ACT METHODS

Steven C. Hayes, PhD – Foundation Professor of Psychology, University of Nevada, Reno

BEHAVIORAL HEALTH INTEGRATION: A RECIPE FOR SUCCESS

Daryl F. Huggard, MBA – Operations Director, University of Utah Community Physicians Group

Janelle Robinson, FACHE, MBA, MHA – Outpatient Services Director, University of Utah Neuropsychiatric Institute

Bradley Weischedel, LCSW – Behavioral Health Manager, University of Utah Neuropsychiatric Institute

CAN WE STOP THE DYING? PREVENTING OVERDOSE DEATHS IN THE OPIOID AGE

David A. Sack, MD – Chief Medical Officer, Elements Behavioral Health

PORN CONSIDERATIONS, APPROACHES & TREATMENT ISSUES IN ADULTS & YOUTH

Todd Olson, LCSW – Program Director & Co-Founder, LifeStar Network

THE BOUNDARIES OF GOOD PRACTICE: BEING ETHICAL & EFFECTIVE (Ethics)

Matthew Davies, PhD – Private Practice

THE CONNECTION PRACTICE: UNITING EMPATHY & INSIGHT FOR GREATER EMOTIONAL INTELLIGENCE

Deborah Byrnes, PhD – Professor Emeritus, Utah State University College of Education & Human Development

THE MISDIAGNOSIS OF POST-CONCUSSIVE SYNDROME: DIFFERENTIAL DIAGNOSIS & COMORBID CONDITIONS

Adam Schwabach, PhD – Neuropsychologist, Private Practice

WHAT'S NEW & EFFECTIVE IN THE TREATMENT OF OCD

Paul J. Peterson, LCSW – Senior Specialist & Director, The OCD & Anxiety Treatment Center

YOUR PATIENT WANTS AID-IN-DYING, BUT ISN'T THAT SUICIDE? NOW WHAT? (Ethics, Suicide)

Margaret P. Battin, PhD – Distinguished Professor, University of Utah Department of Philosophy, Division of Medical Ethics & Humanities



11:15 - 11:30 EXHIBITS & BREAK



11:30 - 12:45 CONCURRENT SESSIONS

A REAL-WORLD EXAMPLE OF ACT: ACT IN A CASE OF COMPLICATED GRIEVING

Steven C. Hayes, PhD – Foundation Professor of Psychology, University of Nevada, Reno

ANGER & AGGRESSION – GETTING BEHIND IT & IN FRONT OF IT

Steven J. Chen, PhD – Psychologist & Owner, Management Systems

HEAR YE, HEAR YE! YOU'RE CLIENT & ETHICAL DILEMMAS IN CORRECTIONS (Ethics)

Karen W. Malm, PhD – Executive Director & Owner, Summit Community Counseling

MESHING MEDICAL & PSYCHOLOGICAL NEEDS WHEN WORKING WITH INDIVIDUALS WHO HAVE EATING DISORDERS

Kristin Francis, MD – Psychiatrist, University of Utah Neuropsychiatric Institute

PAIN TREATMENT & THE OPIOID CRISIS

Paula J. Cook, MD – Addiction & Family Medicine Physician, University of Utah Neuropsychiatric Institute

POST-CONCUSSIVE SYNDROME: BEST PRACTICES IN THE TREATMENT OF A CONTROVERSIAL CONDITION

Michael Brooks, PhD, JD – Forensic Psychologist, Utah State Hospital

Lauren "Collins" Medlin, MA – Neuropsychology Intern, Utah State Hospital

PROVIDING EFFECTIVE TREATMENT FOR CO-OCCURRING DISORDERS

Randy K. Moss, PhD – Psychologist, Integrated Counseling & Consulting, LLC

TREATING SEXUAL ADDICTION SYSTEMICALLY: VALUING THE ADDICT, PARTNER & FAMILY EQUALLY

Todd Olson, LCSW – Program Director & Co-Founder, LifeStar Network

WHERE DO YOU STAND IN THE GENERATIONAL GAP? WILL YOU BRIDGE & BUILD OR CRASH & BURN?

Macie P. Smith, EdD, LSW, C-SWCM – Social Work Educator / Gerontologist, Columbia SC



12:45 - 2:00 LUNCH



2:00 - 3:15 CONCURRENT SESSIONS

CHINS UP, SMILES ON! SIX KEY COPING SKILLS TO SUPPORT & TEACH YOUR CLIENTS WITH ANXIETY OR DEPRESSION

Michelle Ostler Porcelli, MSC – Founder, Facing The Giants, LLC; Counselor, Alpine School District

EMDR IN ADDICTION & MENTAL HEALTH

Joe Gorton, CMHC – Clinical Director, Brighton Recovery Center

Kyle Kone, LMFT – Clinical Therapist, Brighton Recovery Center

GETTING TO YES WITH COUPLES IN CONFLICT

Carolynn Clark, JD, LL.M – Master Mediator, Clark Mediation; University of Utah Conflict Resolution Program

ON THE STREETS & IN THE HOMES – THE LATEST DRUG USE / ABUSE TRENDS

Michael Ross – Lieutenant, Salt Lake City Police Department

OPENING THE DOOR TO FLEXIBILITY PROCESSES: ANYTIME, ANYWHERE

Steven C. Hayes, PhD – Foundation Professor of Psychology, University of Nevada, Reno

OUT OF JAIL & MENTALLY ILL AT 5:00 ON A FRIDAY . . . NOW WHAT? A SOCIAL SERVICE MODEL TO REDUCE JAIL RECIDIVISM

Brian W. Butler, LCSW – Program Manager, Wasatch Mental Health

Jeremy Holmes, SSW – Case Manager, Wasatch Mental Health

Tyler Jenson, LCSW – Jail Liaison & Screener, Wasatch Mental Health JRI Program

Monte S. Memmott, CMHC – Therapist Supervisor, Wasatch Mental Health

Hanna Mollerup, SSW – Case Manager, Wasatch Mental Health JRI Program

RECOGNIZING & TREATING VICTIMS OF SEXUAL TRAUMA & MST

James Asbrand, PhD – VA Salt Lake City Healthcare System

TREATING MOOD DISORDERS

Jeremy Kendrick, MD – Psychiatrist & Pediatrician, University of Utah Neuropsychiatric Institute

WORKING WITH A MYRIAD OF FAMILY DYNAMICS THROUGH PALLIATIVE CARE STAGES

Sarah E. Turley, PhD – VA Salt Lake City Healthcare System (Panel Coordinator)



3:15 - 3:30 EXHIBITS & BREAK



3:30 - 4:45 CONCURRENT SESSIONS

DOMESTIC VIOLENCE – IS IT OBVIOUS?

Kendra Wyckoff – Executive Director, Safe Harbor Crisis Center

DON'T BE AFRAID OF THE LAWYERS! A CLINICIAN'S GUIDE TO SUBPOENAS, TRIALS, DEPOSITIONS, DIVORCE & ALL THOSE THINGS THAT KEEP YOU AWAKE AT NIGHT

Valerie Hale, PhD – Clinical Psychologist, Sugarhouse Family Counseling & Education Center

EMDR INTERVENTIONS IN AFTERCARE PLANNING

Joe Gorton, CMHC – Clinical Director, Brighton Recovery Center

Kyle Kone, LMFT – Clinical Therapist, Brighton Recovery Center

HUMAN TRAFFICKING & WHAT YOU NEED TO KNOW & DO

Alan Bentley – Executive Vice President, FletChet Entertainment

MRT – THE IN'S & OUT'S OF MORAL RECOGNITION TRAINING

Desmond Lomax, CMHC – Clinical Director, Utah Department of Corrections Adult Probation & Parole

NOT FOR THE FAINT OF HEART: A PSYCHOLOGICAL FLEXIBILITY REAL PLAY

Steven C. Hayes, PhD – Foundation Professor of Psychology, University of Nevada, Reno

YOU CAN BE RIGHT OR YOU CAN BE MARRIED! NEUROSCIENCE, LOVE & RELATIONSHIPS

Brett R. Williams, LMFT – Mountain View Hospital

YOU CAN HELP SOMEONE FIND RECOVERY, BUT HOW CAN YOU HELP THEM THRIVE?

Mary Jo McMillen, ASUDC – Director, Utah Support Advocates for Recovery Awareness (USARA)

WHY FIGHT TRAFFIC?

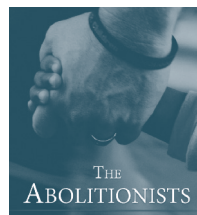
GENERATIONS IS PLEASED TO OFFER SPECIAL THEATER OPTIONS MONDAY AFTERNOON

Kick back an extra 30 or 60 minutes and enjoy these special features and arrive home at the same time as others who get stuck in traffic!

THE ABOLITIONISTS

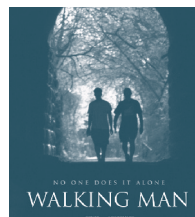
On December 10th, 2013 Special Agent Tim Ballard turned in his Homeland Security badge and resigned from the US government. He had spent over a decade rescuing children from sex tourism domestically and overseas. Though his job was difficult, he was proud that his country was one of very few in the world doing anything about this problem. However, mired in red tape, Tim left to begin saving children he saw falling out of the purview of the US government. These children constitute over 90% of the children lost to child sex slavery and he could do nothing to help them while in the employment of the US government.

You've heard of Operation Underground Railroad, now you can see them in action through this 2016 documentary film by Darrin Fletcher and Chet Thomas about a sting mission orchestrated in Colombia by their independent jump team, led by former U.S. Homeland Security Special Agent Ballard, countering child sex trafficking.



WALKING MAN

One in five Americans suffer from a mental disorder. This special movie feature is one family's story – After a Missouri high school loses three students to suicide, Mark Norwine (a mental health advocate) embarks on a 200-mile walk across the state, seeking to educate students and better understand the epidemic for himself. Mark is joined by his son, Eric, but when the road proves difficult, father and son must confront their own mental health struggles, which they've kept secret for so long. Endorsed by universities and mental health organizations across the U.S., *Walking Man* is an honest look at one family's journey with mental illness.



TUESDAY: APRIL 25, 2017



7:30 - 8:00 CHECK-IN, EXHIBITS & CONTINENTAL BREAKFAST



8:00 - 9:00 WELCOME BACK & INTRODUCTION

University of Utah Department of Psychiatry & Neuropsychiatric Institute

I THINK I CAN, I THINK I CAN; I KNOW I CAN, I KNOW I CAN! MOVING FROM LEARNED HELPLESSNESS TO LEARNED OPTIMISM

Jean M. Campbell, LCSW, TEP – CEO, Founder, Educator & Practitioner, Action Institute of California & Moonlight Workshops (Supported in part by Recovery Ways)

THE BASIC FACTS: INTRODUCTION TO DEMENTIA (Dementia Dialogues™)

Anne Asman, MS – Development Director, University of Utah Department of Psychiatry



9:00 - 9:15 EXHIBITS & WELCOME



9:15 - 10:30 CONCURRENT SESSIONS

CREATING DIALOGUE & KEEPING IT GOING WITH OLDER ADULTS & THOSE WITH DEMENTIA (Dementia Dialogues™)

Sheryl Bagshaw – Dementia Educator, Dementia Assist

FROM BEGINNING TO END: BUILDING & MAINTAINING A PRIVATE PRACTICE

Deborah Christensen, PhD, MSCP – CEO & Director, Corner Canyon Counseling & Psychological Svcs.

GREAT, YOU'RE TREATING THE ADDICT . . . WHAT ABOUT THEIR PARTNER?

Jeremy Boberg, LCSW-CMAT, EMDRIA – CEO, Owner & Therapist, Utah Addiction Centers

IT TAKES A VILLAGE: HOW TO ENGAGE & KEEP FAMILIES INVOLVED IN TREATMENT

Mike Cox, LCSW – Therapist & Partner, Veritas Mental Health

Logan T. Densley, LCSW – Therapist, Veritas Mental Health

NOT YOUR MOTHER'S DEPRESSION: UNDERSTANDING & TREATING PERINATAL MOOD & ANXIETY DISORDERS

Amy-Rose White, LCSW – Prenatal Psychotherapist, Utah Maternal Mental Health Collaborative

TED TALKS: TIPS & TOOLS FOR WORKING WITH YOUNG ADULTS & ADULTS ON THE AUTISM SPECTRUM

Suzanne Grimshaw, LCSW – Admissions, ScenicView Academy

Stephanie O'Brien, CMHC – Neurobehavior HOME Program

Bruce Parsons, PhD – Adjunct Professor, University of Utah (pending final confirmation)

THE LATEST IN PSYCHOPHARMACOLOGY

Wilbur R. Dattilo, MD – Physician & Psychiatrist, University of Utah Neuropsychiatric Institute

TREATING TRAUMA THROUGH THE LIFESPAN

Katrina M. Appiah, LCSW – Owner, Hope Springs Counseling

WARMING UP TO CHANGE: SOCIOMETRIC TOOLS FOR CLINICIANS

Jean M. Campbell, LCSW, TEP – CEO & Founder Action Institute of California & Moonlight Workshops



10:30 - 10:45 EXHIBITS & BREAK



10:45 - 12:00 CONCURRENT SESSIONS

ENGAGING IN POLYTHERAPEUTIC PRACTICE: TREATING TOXIC PERFECTIONISM

Matthew Draper, PhD – Professor, Utah Valley University Behavioral Sciences

James S. McGraw – Research Assistant, Utah Valley University

IT'S A DIFFERENT WORLD: PREPARING THE ENVIRONMENT – SAFETY, ACTIVITIES OF DAILY LIVING & QUALITY OF LIFE FOR PEOPLE WITH DEMENTIA (Dementia Dialogues™)

Kimberly Boyer, PAC – Retired, Ogden Clinic

LOSS & GRIEVING: A GENERATIONAL APPROACH

Christine Lutz, GNP – Consultant, Private Practice

PROLONGED EXPOSURE FOR THE TREATMENT OF PTSD, AN EVIDENCE-BASED INTERVENTION – TOUGH BUT COMPASSIONATE

Thomas Mullin, PhD – Psychologist, VA Medical Center PTSD Clinical Team

SPEAKING THE UNSPOKEN: THE USE OF DOUBLING TO HELP CLIENTS FIND THEIR VOICE

Jean M. Campbell, LCSW, TEP – CEO & Founder Action Institute of California & Moonlight Workshops

THE POST-PARTUM FAMILY PORTRAIT

Lindsay Aerts, BA – Host, KSL NewsRadio 'The Mom Show'

Eric Dyches – Founder, The Emily Effect

Ciara Reschke – Family Representative

Camille VanWagoner Hawkins, LCSW – Executive Director, Utah Infertility Resource Center

Amy-Rose White, LCSW – Prenatal Psychotherapist, Utah Maternal Mental Health Collaborative

THE ROAD TO DISASTER IS PAVED WITH POOR MANAGEMENT – HOW TO GET ON THE ROAD TO PERFORMANCE-BASED MANAGEMENT IN BEHAVIORAL HEALTHCARE

Juergen Korbanka, PhD – Executive Director, Wasatch Mental Health

SUBSTANCE ABUSE FROM BABY BOOMERS TO OLDER ADULTS – IS IT DIFFERENT?

Sean Ponce, MD – Addictionologist, Salt Lake Behavioral Health

WHAT IS A HEALTHY MIND? PERSONALITY DISORDERS?

Paula Gibbs, MD – Assistant Professor, University of Utah Department of Psychiatry, Hospital & Clinics



12:00 - 1:15 LUNCH - ON YOUR OWN



1:15 - 2:30 CONCURRENT SESSIONS

APPLICATION OF DIALECTICAL BEHAVIORAL THERAPY FOR CO-OCCURRING SUBSTANCE USE & MENTAL HEALTH DISORDERS

Eric Schmidt, LCSW – CEO, New Roads Behavioral Health

OUT OF THE LAB & INTO YOUR PRACTICE - APPLIED NEUROSCIENCE IN A CLINICAL SETTING

Brett R. Williams, LMFT – Mountain View Hospital

IT'S NOTHING PERSONAL: ADDRESSING CHALLENGING BEHAVIORS (Dementia Dialogues™)

DeeDee Richardson, CNA, CDP, DS – Author, Dementia Educator

LEGAL ISSUES THAT CONFOUND MENTAL HEALTH PROFESSIONALS

Laura Thompson, JD, CWLS – Assistant Attorney General, Office of the Utah Attorney General

SELF-COMPASSION: DEFINITIONS, EVIDENCE & APPLICATIONS

Jake Van Epps, PhD – Testing Coordinator & Psychologist, University of Utah Counseling Center

UNLEASHING THE POWER OF PREVENTION IN THE MENTAL HEALTH FIELD: WHAT CAN BE PREVENTED & HOW

Susannah Burt, BS – Utah Division of Substance Abuse & Mental Health

Craig PoVey, MSW – Prevention Administrator, Division of Substance Abuse & Mental Health (Coordinator)

Ben Reaves, LPC – Utah Division of Substance Abuse & Mental Health
Rob Timmerman, CPS – Prevention Director, Salt Lake County Health Department

UNRESOLVED TRAUMA & CHRONIC PTSD: GUIDANCE FOR CLINICIANS WHEN THE SYMPTOMS WON'T REMIT

Ashley Greenwell, PhD – Director, Utah Center for Evidence Based Treatment Trauma, Stress & Resilience Program
David Johnson, PhD – Contractor, Utah Center for Evidence Based Treatment

WHAT'S NEW IN SUICIDE RESEARCH & SUICIDE PREVENTION? (Suicide)

Doug Gray, MD – Professor of Psychiatry, University of Utah School of Medicine

YOU'RE NOT THE BOSS OF ME! EXPLORING HEALTHY BOUNDARIES USING ACTION METHODS

Jean M. Campbell, LCSW, TEP – CEO & Founder Action Institute of California & Moonlight Workshops



2:30 - 2:45 EXHIBITS & BREAK



2:45 - 3:45 CONCURRENT SESSIONS

A FOUNDATIONAL APPROACH TO TREATING SCHIZOPHRENIA

Noel C. Gardner, MD, MDiv – Medical Director & Founder, Polizzi Clinic; Adjunct Professor, University of Utah School of Medicine
Michael Measom, MD – Medical Director, New Roads Behavioral Health; VOA ACT Team & Center for Human Potential

BATTLING OUR BODIES: UNDERSTANDING THE IMPACT OF THE MEDIA & DIETING ON BODY IMAGE DISTURBANCES

Nicole Hawkins, PhD, CEDS – Director of Clinical Services, Center for Change

GENDER IN TRANSITION: EXPANDING OUR UNDERSTANDING OF GENDER MINORITIES

Candice Metzler, CSW – University of Utah Bridge Training Clinic; Pride Center; Director, TEA of Utah

MAINTAINING COMMITMENT & MOTIVATION IN TREATMENT FOR BORDERLINE PERSONALITY DISORDER

Doug Benson, PsyD, DBT-LBC – Director of Psychology, Utah State Hospital

MEDICATION ASSISTED TREATMENT: THE SCIENCE & THE REALITY

J. Noel Schenk, MD – Psychiatrist & Medical Director, Davis Behavioral Health

NOW WHAT DO I DO? CREATIVE PROBLEM SOLVING WHEN WORKING WITH INDIVIDUALS WITH DEMENTIA (Dementia Dialogues™)

Liz Garcia-Leavitt, LCSW – Educator, University of Utah Ctr for Alzheimer's Care, Imaging & Research

THE BODY REMEMBERS WHAT THE MIND FORGETS: SOMATIC INTERVENTIONS FOR TRAUMA

Jean M. Campbell, LCSW, TEP – CEO & Founder Action Institute of California & Moonlight Workshops

YOUR BRAIN ON THE ELECTRIC HIGHWAY - IS IT SAFE?

Chris Kane, CMHC – CEO, TotumLink.com

WHO'S CARING FOR THOSE WHO KEEP OUR COMMUNITIES SAFE? FIRST RESPONDER SUICIDE PREVENTION & SECONDARY TRAUMA (Suicide)

Darin Adams - Chief, Cedar City Police Department

Jeremy Christensen, LCSW – Assistant Director, Utah Division of Substance Abuse & Mental Health

Todd Souter, PhD - Davis Behavioral Health

Jack Tidrow – President, Professional Fire Fighters of Utah



3:50 - 5:00 WRAP-UP

MARK PAYNE KEYNOTE: WHEN CARING BECOMES CHRONIC: KNOWING WHEN TO SAY WHEN (Dementia Dialogues™ & All Participants)

Macie P. Smith, EdD, LSW, C-SWCM – Social Work Educator / Gerontologist, Columbia SC

"(Ethics)" and "(Suicide)" denote sessions with said content which may meet specific licensure requirements in some professions. It is up to individuals to record their attendance and show applicability to their profession.

POST-CONFERENCE WORKSHOPS

WEDNESDAY - APRIL 26, 2017

Conducted at the University Park Marriott

DIALECTICAL BEHAVIORAL THERAPY (DBT) – BEYOND THE BASICS

Eric John Schmidt & DBT Practitioners – New Roads Treatment Center

Dialectical Behavioral Therapy, DBT, is a repeatedly and popularly requested treatment modality at *Generations*. Now, you have a chance to delve into the application of DBT skills that you can incorporate into your own practice, when indicated, for improved outcomes.

If you're familiar with the basic concepts and philosophies behind DBT, a cognitive behavioral treatment originally developed to treat borderline personality disorder and now proven effective for a wider range of disorders such as substance dependence, depression, PTSD and eating disorders, this workshop is for you. If you have been unsure of your skills but would like to use this modality more, this workshop is what you need. If you are using DBT and want to fine tune or improve your effectiveness, this is the workshop for you.

Delve into the four key components – skills training groups, individual treatment, DBT phone coaching and consultation teams. See the behavioral skill sets in action and practice them yourself. Increasing evidence supports DBT skills training as a promising intervention for a wide variety of clinical and non-clinical populations. Incorporate DBT into your practice for life-threatening, therapy-interfering and/or quality of life behaviors and skills acquisition. DBT can be effective in reducing self-injury, suicidal behavior, psychiatric hospitalization, treatment dropout, substance use, anger, and depression and improving social and global functioning.

Take advantage of this special opportunity to increase your DBT skills and patient outcomes in this comfortable, relaxed and enjoyable environment. Why spend hundreds of dollars or travel when you can attain a more personal, compact, and focused training close to home? Create a difference in your professional life and in the lives of your clients.

(Program confirmed as of print date. Minor changes may occur.)

BRANCH OUT AFTER HOURS

Headquartered in the heart of downtown Salt Lake City – this conference is across the street from the City Creek Centre and surrounded by over sixty restaurants and nightclubs. You are sure to find options to fill your yearnings from sun up to sun down. For information on city events or recreation during or around the conference dates, call the Salt Lake Convention and Visitors Bureau at 801-534-4901 or 800-541-4955. Even locals may want to plan some fun activities around the conference!

CONFERENCE PARTNERS

FOUNDER

- **University of Utah Neuropsychiatric Institute**

PLATINUM PARTNER (\$7,500)

- **Recovery Ways**
- **Utah Division of Substance Abuse & Mental Health**

DIAMOND PARTNER (\$5,000)

- **Willow Springs Center**

RUBY PARTNERS (\$3,000)

- **MountainStar Behavioral Health Services**
- **OQ Measures**

SAPPHIRE PARTNER (\$2,500)

- **Brighton Recovery Center**
- **Provo Canyon Behavioral Hospital**

EMERALD PARTNERS (\$1,500)

- **Elevated Billing Solutions**
- **HealthCare Pharmaceuticals**
- **IASIS Healthcare Behavioral Health**



EMERALD PARTNERS (continued)

- La Ventana Treatment Programs
- LabPartner, LLC
- Provo Canyon School
- Salt Lake Behavioral Health
- Utah Addiction Centers
- Utah Department of Veteran & Military Affairs

EXHIBITORS (\$750)

- Acqua Recovery
- ADS – American Drug Screen Corp
- Advanced Billing Management
- Affinity Guidance Services, Inc.
- Alkermes
- American Foundation for Suicide Prevention
- Army Community Service – Dugway
- Ascendant Behavioral Health
- Autism Council of Utah
- Easter Seals – Northern Rocky Mountain
- eCharts
- First Step House
- Gulfstream Diagnostics
- Highland Ridge Hospital
- Institute for Addiction Study
- Larkin Mortuary
- Legacy Outdoor Adventures
- LifeLine for Youth
- Maple Mountain Recovery
- Mind Body Soul Utah
- Mountain Peak Recovery
- NexStep Medical Detox
- Odyssey House of Utah
- Orion Healthcare Technology
- Pathways Real Life Recovery
- Pomarri Outpatient Services
- Renaissance Ranch
- Renew Wellness & Recovery
- Salt Lake Vet Center
- ScenicView Academy
- Summit Community Counseling
- Therapia Addiction Healing Center

OTHERS

- B&W Consulting
- Utah Employer Support of the Guard & Reserve (ESGR)

- Utah Transition Assistance Administration (TAA)
- VA Salt Lake City Health Care System

PROGRAM SOWERS

Kindra K. Amott, MA - Academic Advisor & Adjunct Faculty / Probation Provider, Utah Valley University

- Jeremy Christensen, LCSW - Assistant Director, Utah Division of Substance Abuse & Mental Health
- Victoria Delheimer, LCMHC, LMFT, CDWF - Executive Director, Journey Centers
- Josh Grondel, BS - Business Development Director, Behavioral Health, Mountain Star Healthcare
- Juergen E. Korbanka, PhD - Executive Director, Wasatch Mental Health
- David Loden, LCSW - Clinical Liaison Director, Willow Springs Center
- Chet Ludow, LCSW - Team Leader, Central Utah Counseling Center
- Gregory A. Mason, MC/MHC, CMHC - Army Community Services Director, Department of the Army, Dugway Proving Ground Utah
- Justin K. McPheters, PhD, LMFT - International Field Operations Manager, LDS Family Services
- Lisa Nichols, MSW - Community Benefit Behavioral Health Director, Intermountain Health Care
- Elizabeth Olson, SUDC - Associate Family Teacher, Alpine Academy / Pathways
- Robert E. Ostler, LCSW - Professional Development, Utah Department of Health Bureau of Child Development
- Lynda Perkins, LCMHC - Social Services Coordinator, Lakeview Hospital - Senior Pathways
- Katelyn Peterson, LCSW - Business Development Director, IASIS Healthcare Behavioral Health
- Debra Reid, MSW - Recovery Ways
- Deanna L. Reilly, PhD - Staff Psychologist, University of Utah Neuropsychiatric Institute
- Marjean Searcy Nielsen, SSW - MPP Program Director, Central Rockies ADTTC, Utah Addiction Center
- Kevin Theriot, PhD - Program Manager, LDS Family Services
- Jon Kar Zubieta, MD - Department Chair, University of Utah Department of Psychiatry (CME Course Director)
- Tia D. Korologos, RN - President, ESI Management Group (Facilitator)

CONSULTANTS

Doug Benson, PsyD, DBT-LBC - Director of Psychology Services, Utah State Hospital

- Chris Beazer – B&W Consulting
- Pam Bennett – Utah Division of Substance Abuse & Mental Health
- Jennifer Hebdon-Seljestad, LCSW - Director of Outreach, Mountain Star Healthcare Behavioral Health Services
- Becky Kapp, RN – Past Director, Salt Lake County Aging & Adult Services
- Cami Roundy – Utah Division of Substance Abuse & Mental Health
- Robert H. Snarr, LCMHC - Adult Program Administrator, Utah Division of Substance Abuse & Mental Health
- Michael Webb – B&W Consulting
- Sandra Whitehouse, PhD - Director of Psychology Services, University of Utah Neuropsychiatric Institute

REGISTRATION FORM

Simply mail in this
completed form with a check, money order or
billing information OR register on-line with a credit card at www.esimgt.org
using conference code **"G424"**

Name: _____ Degree: _____

Licensure (if any): _____ Title: (if any) _____

Organization (if any): _____

Address: _____

City/State/Zip: _____

Daytime Phone: (____) _____ Email: _____

* *Substitutions requested after April 14th will be subject to a \$15 processing fee.*

EARLY-BIRD REGISTRATION (must be postmarked by March 13, 2017)

- ☐ \$255 Two-Day Conference (Monday & Tuesday)
- ☐ \$265 Two-Day Conference with CEU/CME Certificate
- ☐ \$ 40 Dementia Dialogues™ Program Track (Tuesday / inc. Certificate)
- ☐ \$175 Post-conference workshop on DBT (Wednesday / inc. CEU/CME certificate)

GENERAL REGISTRATION (must be postmarked by April 12, 2017)

- ☐ \$280 Two-Day Conference (Monday & Tuesday)
- ☐ \$290 Two-Day Conference with CEU/CME Certificate
- ☐ \$ 50 Dementia Dialogues™ Program Track (Tuesday/ inc. Certificate)
- ☐ \$210 Post-conference workshop on DBT (Wednesday / inc. CEU/CME certificate)

\$ _____ **Total Amount Enclosed & payable to "Generations" or "ESI":**

☐ I have approval for my agency to be billed using Purchase Order #: _____

Contact: _____ Title: _____

Organization: _____ Daytime Phone: (____) _____

Address: _____ City/State/Zip: _____

ON-SITE REGISTRATION (Space available basis only. All event materials & meals are not guaranteed.)

- ☐ \$360 Two-Day Conference (Monday & Tuesday - inc. CEU/CME Certificate)
- ☐ \$ 75 Dementia Dialogues™ Program Track (Tuesday / inc. Certificate)
- ☐ \$285 Post-conference workshop on DBT (Wednesday / inc. CEU/CME certificate)

**MAIL TO -
ESI MANAGEMENT GROUP
POST OFFICE BOX 1734 - DRAPER, UT 84020-1734**



Generations 2017

University of Utah Neuropsychiatric Institute
501 Chipeta Way
Salt Lake City, UT 84108

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